Kara Fletcher, MSW, PhD(c)

Apt 122, 3510 Lionel Groulx, Montreal Qc, H4C1M7

Phone (514) 757-0502 E-mail kara.fletcher@mcgill.ca

**Teaching and Supervision Experience**

January 2015- April 2015 McGill University, School of Social Work

Position Held: Course Lecturer, SWRK 623, Couple Therapy

September 2014- December 2014 McGill University, School of Social Work

Position Held: Course Lecturer, SWRK 622, Family Assessment

September 2014- present, McGill University, School of Social Work

Position Held: Field Placement Liaison

September 2013- December 2013: McGill University, School of Social Work

Position Held: Course Lecturer, SWRK 622, Family Assessment

December 2013-present: McGill University, School of Social Work

Position Held: External clinical supervisor for BSW students at YWCA and Missing Children’s Network

January 2013-April 2013: McGill University, School of Social Work

Position Held: Teaching Assistant, SWRK 326, Practice with Individuals and Families

September 2012- December 2012: McGill University, School of Social Work

Position Held: Teaching Assistant, SWRK 321, Introduction to Practice with Groups

**Clinical Experience**

June 2014-present: McGill University, Student Residences

Position Held: Hall Director, Solin Hall

August 2012- August 2013 Jewish General Hospital Institute of Community Psychiatry, First Episode Psychosis Clinic

Position Held: Program Coordinator

October 2011- July 2012: Pavilion Foster, Inpatient Drug and Alcohol Treatment Center

Position Held: Social Worker (Recall List)

June 2011-May 2014: McGill University, Student Residences

Position Held: Hall Director, Molson Hall

Jan 2010- August 2011: Vancouver Coastal Health Authority, Richmond Mental Health and Addictions

Position Held: Concurrent Disorder Therapist and clinical supervisor for MSW students

August 2009- January 2010: PLEA Community Services, British Columbia

Position Held: Individual and Family Counsellor

**Research Experience**

April 2013-present: McGill University, School of Social Work

Position Held: Research Assistant for an FQRSC funded study on mentalization and conjugal relationships in the context of trauma

September 2011- December 2012: Couple and Family Clinic, Jewish General Hospital

Position Held: Research Assistant

August 2009- January 2010: PLEA Community Services, British Columbia

Position Held: Research Coordinator for Justice Canada Grant

April 2009-August 2009: Centre for Research on Children and Families, McGill University

Position Held: Research Assistant for Kim Coleman and Delphine Collin-Vezina for A.R.C. trauma study

**Education**

**McGill University**, September 2011 – present

- PhD Social Work

**American Association of Marital and Family Therapy**, September 2011- expected graduation May 2015

- 500 hour postgraduate training in couple and family therapy

**McGill University**,September 2007-September 2009

- Masters of Social Work

- Thesis: The Therapeutic Alliance in Couple Therapy: Examining Outcomes

**McGill University**,September 2003- April 2007

- Honours Bachelor of Arts, Major Women’s Studies, Minors Drama and Theatre and World Religion

- Thesis: Beyond Bodies: Sexuality and Women Living with Disabilities

**Scholarships, Awards and Distinctions**

**Building Research Capacity with First Nations and Mainstream Youth Protection Services in Québec, Participatory Research Fellowship:** $10,000

- Centre for Research on Children and Families, McGill University

- September 2014-August 2015

**Doctoral Research Award:** $20,000 per annum

- Fonds de recherche Société et culture

**-** May 2014- August 2016

**Myer Katz Fellowship:** $4400

- McGill University

- September 2013-April 2014

**Graduate Excellence Fellowship:** $10,100

- McGill University

- September 2013-April 2014

**M & M Goldenberg Fellowship:** $2000

- McGill University

- September 2012-April 2013

**Margaret Mary Burns Award:**  $4300

- McGill University

-September 2012-April 2013

**Graduate Excellence Fellowship:** $8700

- McGill University

- September 2012-April 2013

**Graduate Excellence Fellowship:** $15,000

- McGill University

- September 2011-April 2012

**People First Award:** Not monetary, award given for developing a family program in an addiction treatment clinic

- Vancouver Coastal Health Authority

- Awarded February 2011

**Provost Graduate Fellowship:** $10,000

- McGill University

- September 2008- August 2009

**Millenium Scholarship (Local):** $4000

- Canadian Millennium Foundation

- September 2003

**Publications**

MacIntosh, H., **Fletcher, K.** & Collin-Vezina, D. (in press). “As time went on, I just forgot about

it”: Thematic analysis of spontaneous disclosures of recovered memories of childhood sexual abuse. *Journal of Child Sexual Abuse,* *24*(4).

**Fletcher, K,** Nutton, J., & Brend, D. (2015). Attachment, A Matter of Substance: The Potential of Attachment Theory in the Treatment of Addictions, *Clinical Social Work Journal,* 43, 109-117.

**Fletcher, K.** (2014).Couple therapy treatments for substance use disorders: A systematic review. *Journal of Social Work Practice in the Addictions,* 13*(4), 25 pages.*

Brend, D., **Fletcher, K.** & Nutton, J. (2013). With Laura: Attachment and the healing potential

of substitute caregivers within cross-cultural child welfare practice*.* First Peoples Child & Family Review Journal, *7*(2), 43-59.

**Refereed Presentations**

**Fletcher, K.,** Brend, D. (2014). The Potential of Attachment Theory in the Treatment of

Addictions. Canadian Association for Social Work Education Conference, Brock University, St. Catherines, ON, May 29.

**Fletcher, K.,** MacIntosh, H., Collin-Vezina, D. (2013). As time went on, I just forgot about

it”:  Thematic analysis of emergent and discontinuous recovered memories of childhood sexual abuse. 2013 Annual Conference International Society for the Study of Trauma and Dissociation. Baltimore, MD, Nov 16.

Brend, D.M., **Fletcher, K.,** Nutton, J. (2013). Attachment within cross-culture child welfare.

2013 Canadian Association for Social Work Education Conference, Victoria BC, June 4.

Brend, D.M**., Fletcher, K.**, Nutton, J. (2013). Attachment and the healing potential of

substitute caregivers within cross-cultural child welfare practice. 2013 Graduate Symposium in the Department of Education, Concordia University, April 19.

**Non-Refereed Presentations**

**Fletcher, K.** (2014). Addictions and Self-Regulation in Families. Invited lecture: *Practice with Individuals and*

*Families (SWRK 326)* McGill University School of Social Work, February 24.

**Fletcher, K.** (2014). Clinical Social Work Practice in the Addictions. Invited lecture: *Adult Mental Health*,

McGill University School of Social Work, February 11.

**Fletcher, K.** (2013). Intersectionality in Group Work Processes. Invited

lecture: *Practice with Groups (SWRK 321),* McGill University School of Social Work, October 2.

**Fletcher K.** (2013). Attachment theory. Invited lecture: SWRK 657, McGill

University School of Social Work, October 1.

**Fletcher, K.** (2013). Harm Reduction and Addictions. Invited lecture:

*Academic Staff Training,* McGill Residences, McGill University, Montreal, August 18.

**Fletcher, K.** (2013).Harm Reduction in Residences. Invited lecture:

*Residence Staff Sensitivity Training,* McGill Residences, McGill University, Montreal, April 2.

**Fletcher, K.** (2013)Addictions and Self-Regulation in Families. Invited

lecture: *Practice with Individuals and Families (SWRK 326),* McGill University School of Social Work, February 27.

**Fletcher, K.** (2013). Harm Reduction and Addictions. Invited lecture:

*Academic In-Staff Training,* McGill Residences, McGill University, Montreal, February 13.

**Fletcher, K**. (2012). Ethics in Group Therapy. Invited lecture: *Introduction*

*to Practice with Groups (SWRK 321),* McGill University School of Social Work, September.

**Community and Volunteer Activities**

September 2013- Present: McGill Nightline, Montreal Quebec

Position Held: Advisor and trainer

Duties: interview, advise and counsel volunteers, provide trainings to volunteers on mental health

September 2011- Present: McGill Residences, Montreal Quebec

Position Held: Facilitate workshops and trainings on harm reduction and addiction in residence

September 2006- 2009: Board of Directors, Yellow Door Community Center, Montreal Quebec.

Position Held: Board Member

September 2007- September 2008: Med Help, Montreal Quebec

Position Held: Training Medical Students to facilitate a peer help program, taught active listening and basic counseling skills

September 2005- April 2008: McGill Students for Literacy

Position Held: Coordinator of one-on-one reading program

September 2005- April 2007: McGill Nightline, Montreal Quebec

Position Held: External Coordinator, phone line volunteer

Duties: public member of listening, referral and information service, worked on phone lines