Marjorie A. Rabiau, Ph.D.

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### ACADEMIC POSITION

August 2015 to Present Tenure-Track Assistant Professor

McGill University

School of Social Work

Masters in Couple and Family Therapy

### EDUCATION

# March 2007 to March 2009 **Post Doctoral Fellow**

Couple and Family Therapy

Université de Montréal, CRIPCAS

Jewish General Hospital

& Sainte-Justine Hospital

Supervisors: John Wright, Ph.D.,

Sharon Bond, Ph.D.,

and Claude Villeneuve, M.D.

# September 2000 to May 2006 **Ph.D. in Clinical Psychology**

Dean’s Honor List

# McGill University, Montréal, Québec

Supervisor: Bärbel Knäuper, Ph.D.

September 1995 to June 1999 **Bachelor of Science** - Honors Psychology

University of Alberta, Edmonton, Alberta

LANGUAGES

Bilingual in English and French – both oral and written

### CLINICAL EXPERIENCE

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**August 2006 to present**

**Psychologist** Private practice

* Provide systemic couple and family therapy
* Provide individual therapy with a cognitive behavioral therapy orientation to children, adolescents, and adults with a wide array of issues including depression, anxiety, life transitions, difficult family dynamics, social issues, and parenting issues

**July 2010 to present**

**Psychologist** – Department of Family Medicine, Jewish General Hospital, Montreal

* Provide Cognitive Behavior Therapy (CBT) and systemic therapy to a diverse multicultural population with a wide range of psychopathology: depression, anxiety, health issues, complex family dynamics
* Coordination of services and treatment efforts with the family doctor and the rest of the multidisciplinary team in addition to other service providers
* Co-lead depression and anxiety workshops

**March 2007 to March 2009**

**Post Doctoral Fellow –** Université de Montréal - Department of Psychology; Jewish General Hospital - Couple and Family Therapy Service; Hôpital Sainte-Justine – Clinique de thérapie familiale

* Responsible for integrating the clinical teams at each site in order to develop a common research protocol
* Part of the assessment team for couples and families, either through observation or as co-therapist
* Member of the feedback team during couple and family assessments
* Integral member of the team that conducted weekly clinical discussion meetings
* Followed couples and families in therapy
* Co-supervised doctoral student internships in family therapy at l’Université de Montréal with Guylaine Seguin, Ph.D.
* Faculty Lecturer in the Couple and Family Therapy certificate program

**August 2006 to August 2010**

**Psychologist** - Adolescent Clinic at the Herzl Family Practice Center, Jewish General Hospital, Montreal

* Provided individual Cognitive Behavior Therapy (CBT) to adolescents and young adults
* Worked with a diverse multicultural population with a wide range of psychopathology: depression, anxiety, eating disorders, self-mutilation, substance abuse, borderline traits, complex family issues
* Co-lead parenting groups for parents of adolescents

**December 2005 to December 2006**

**Child Psychologist,** Child Psychiatry Department, Jewish General Hospital

* One-year contract at the Day Treatment Center for Children
* Integral member of a multidisciplinary team treating children aged 6 to 12 with severe externalizing disorders and their families
* Conducted family therapy using a systemic approach with a wide range of families: divorced, single, limited capacity parents, recomposed
* Co-led parenting group following the Webster-Stratton approach
* Supervised pre-doctoral internship students
* Provided individual cognitive behavioral therapy to children with anxiety and depression
* Conducted psychological assessments including cognitive, achievement, attention, and personality testing and provided feedback to the parents and the team
* Wrote integrative reports and communicated the results
* Coordinated communication between services when required (school board, Department of Youth Protection, CLSCs, Social workers, etc.)

**September 2004 to July 2005**

**Pre-doctoral Internship**, Jewish General Hospital – Department of Child Psychiatry

* Full-time CPA and APA accredited internship
* Integral member of a multidisciplinary team conducting social skills training groups with children 6 to 12 years old (Aspergers, PDD-NOS, oppositional defiant, ADHD, anxiety, depression)
* Conducted family therapy
* Co-led Cognitive Behavioral Therapy groups with children and parents (anxiety, phobias).
* Co-led parenting therapy groups
* Provided individual therapy to children
* Performed assessments of children using a wide battery of tests (cognitive, achievement, ADHD, LD)
* Wrote integrative reports in both French and English
* Completed assessment of babies and toddlers using the Bayley Scales of Infant Development in the Neonatal Clinic
* Presented cases and relevant literature at clinical rounds
* Assisted in family intake assessments and triage meetings
* Participated in Family Therapy seminars

**September 2003 to August 2004**

**Ad hoc clinical training**, Herzl Family Practice Centre, Jewish General Hospital, Montreal

* Conducted individual CBT with adolescents and young adults
* Provided treatment for a wide range of disorders such as trichotillomania, depression, insomnia, social phobia, and separation anxiety

**October 2002 to August 2003**

**Supervised therapy cases**, Montreal Children Hospital **-** Mood and Anxiety Clinic

* Followed therapy cases with children and adolescents using the CBT model
* Addressed disorders such as OCD, depression, and anxiety

### RESEARCH EXPERIENCE

### CLINICAL EXPERIENCE

POST DOCTORAL FELLOWSHIP

Exploration of attachment, therapeutic alliance, and goal attainment in couple and family therapy

Co-investigator with Dr. S. Bond, Dr. J. Wright, and Dr. C. Villeneuve

* Gained expertise in research in family and couple therapy
* Developed a conjoint research project for the different clinical sites
* Supervised undergraduate Honors thesis and advised graduate students in their research projects
* Obtained ethics for each site
* Managed a team of students and volunteers for data collection and entry
* Managed the database while running preliminary statistics
* Organized a conference with Dr. William Pinsof
* Translated the STIC measure into French

The relationship between alliance, attachment and outcome in a child multi-modal treatment population

Co-investigator with Dr. J. Guzder, Dr. S. Bond, Dr. P. Zelkowitz, & Dr. Rohar

* Member of the research team involved in data analysis, interpretation of results and preparation of publication

DOCTORAL RESEARCH

Health Psychology

Health promotion through better adherence to self-set health goals and better adherence to diabetes treatment - Supervision: Dr. Bärbel Knäuper

* Investigating the role of compensatory health beliefs (CHBs) – the conviction that a negative health behavior can be compensated for by a positive health behavior
* Investigating the reliability and validity of a CHB scale
* Predicting self-care and glucose control in adolescents with type 1 diabetes with a diabetes-specific CHB scale
* Co-supervised and advised undergraduate students through their research projects

# Developmental Psychology

Enhancing bystander intervention to reduce prejudice and bullying in the schoolyard -Supervision: Frances Aboud, Ph.D.

### ACADEMIC CONTRIBUTIONS

Articles and Chapters published

Guzder, J., Bond, S., Rabiau, M., & Rohar, S. (2011). The relationship between alliance, attachment, and outcome in a child multimodal treatment population: A pilot study. *Journal of the Canadian Academy of Child and Adolescent Psychiatry, 20,* 196-202.

Rabiau, M., Knäuper, B, Nguyen, T., Polychronakos, C., & Sufrategui, M. (2009). Compensatory beliefs about glucose-testing are associated with low adherence to treatment and poor metabolic control in adolescents with type 1 diabetes. *Health Education Research*, *24*, 890-896.

Rabiau, M., Knäuper, B., & Miquelon, P. (2006). The eternal quest for optimal balance between maximizing pleasure and minimizing harm: The Compensatory Health Beliefs Model. *British Journal of Health Psychology, 11,* 139-153*.*

Knäuper, B., Cheema, S., Rabiau M., & Borten, O. (2005). Self-set dieting rules: Adherence and prediction of weight loss success. *Appetite, 44*, 283-288.

Knäuper, B., Rabiau, M., Cohen, O., & Patriciu, N. (2004). Compensatory health beliefs: Scale development and psychometric properties. *Psychology and Health, 19*, 607-624.

Aboud, F. E., & Rabiau, M. A. (2002). Health psychology in multiethnic perspective. In P. B. Pedersen, J. G. Draguns, W. J. Lonner, & J. E. Trimble (Eds), *Counseling across cultures* (5th ed., 297-316). Thousand Oaks: Sage.

Conference Presentations

Guzder, J., Bond, S., Rabiau, M., & Rohar, S. (November 2009). The relationship between alliance, attachment, family-oriented treatment and child and family outcomes in a population of children with co-morbid disorders: A pilot study. Presentation at the Canadian Academy of Child and Adolescent Psychiatry Annual Conference, Toronto, Canada.

Rabiau, M., Knäuper, B., Nguyen, T, Polychronakos, C., & Sufrategui, M. (June 2009). *Compensatory beliefs are associated to poor control in adolescents with type 1 diabetes*. Poster presentation at the Canadian Psychological Association (CPA) conference. Montreal, Canada.

Rabiau, M., Knäuper, B., Nguyen, T, Polychronakos, C., & Sufrategui, M. (December 2006). *New predictors of adherence to treatment in adolescents with type 1 diabetes*. Poster presentation at the International Society for Behavioral Medicine (ISBM) congress. Bangkok, Thailand.

Rabiau, M., Knäuper, B., Bushi, V., Mozessohn, L., & Nguyen, T. (June 2005). *Compensatory health beliefs and adherence to treatment in adolescents with type 1 diabetes: An avenue for intervention*. Poster presented at the Canadian Psychological Association (CPA) convention. Montreal, Quebec.

Rabiau, M., Knäuper, B., & Polychronakos, C. (April 2005). *Compensatory health beliefs in adolescents with type 1 diabetes*. Poster presented at the Quebec National University Research Forum. Montreal, Quebec.

Rabiau, M., Knäuper, B., Miquelon, P., & Grouzet, F. (April 2005). *Compensatory health beliefs and adherence to self-set diet rules.* Poster presented at the Society for Behavioral Medicine (SBM) convention. Boston, MA.

Rabiau, M, Knäuper, B., Cheema, S., Bushi, V., Mozessohn, L., Dere, J. Polychronakos, C., & Sufrategui, M. (June 2004). *The role of compensatory health*

*beliefs in adolescents with type 1 diabetes.* Poster presented at the Canadian Psychological Association (CPA) convention. Saint John’s, Newfoundland.

Rabiau, M. A., & Aboud, F. E. (April 2003). *Changing bystander responses to school name-calling: An approach-avoidance framework*. Poster presented at the biannual meeting of the Society for Research in Child Development (SRCD). Tampa Bay, Florida.

Rabiau, M. A., & Aboud, F. E. (June 2002). *Changing bystander response to school name-calling.* Presentation given in a symposium of the Society for the Psychological Study of Social Issues (SPSSI). Toronto, Ontario.

Rabiau, M., Cohen, O., Patriciu, N., & Knäuper, B. (February 2002). *Why we do what’s not good for us: Individual differences in compensatory health beliefs.* Poster presented at the annual meeting of the Society for Personality and Social Psychology (SPSP), Savannah, GA.

### TEACHING EXPERIENCE

Course Lecturer

CAFT610 Biological Foundations of Behaviour for the Couple and Family Therapist

M.Sc. Couple and Family Therapy

McGill University – School of Social Work

Winter 2015 8 graduate students

PSYC304 Child Development

McGill University - Psychology Department

Fall 2008 306 undergraduate students

Summer 2008 91 undergraduate students

Fall 2007 264 undergraduate students

Summer 2007 59 undergraduate students

PSYC412 Developmental Psychopathology

McGill University

Psychology Department

Fall 2008 156 undergraduate students

PSY3093 Adolescence

Université de Montréal

Département de psychologie

Fall 2007

Graduate Career Guest lecturer during courses, academic, and clinical rounds.

Teaching Assistantships

PSY6552 Intervention de couple

Graduate level course

Professor: John Wright, Ph.D.

Département de psychologie

Université de Montréal

Winter 2008

PSYC337 Abnormal Psychology: Part I and Part II

Professor: Robert Phil, Ph.D.

Department of Psychology, McGill University

Fall 2001 and Winter 2002

PSYC 204-211B Learning and Motivation

Professor: Norman White, Ph.D.

Department of Psychology, McGill University

Winter 2001

PSYC304 Child Development

Professor: Thomas Schultz, Ph.D.

Department of Psychology, McGill University

Fall 2000

PSYCO 423 Advance Topics in Developmental Psychology

Professor: Jeffrey Bisanz, Ph.D.

Department of Psychology, University of Alberta

Winter 2000

PSYCO 333 Personality Theory

Department of Psychology, University of Alberta

Winter 1999

Research Co-Supervision

2003-2004 Jessica Dere – Honors Thesis

McGill University – Psychology Department

2004-2005 Thien-Kim Nguyen – Honors Thesis

McGill University – Psychology Department

Sigma Xi Excellence in Undergraduate Research Award

2004-2006 Surkhraj Cheema – Work study project

McGill University – Psychology Department

2007-2008 Isabelle Aubut – Honors Thesis

Université de Montréal – Département de psychologie

Invited Presentations

Pearl Lebovitch Clinical Day (November 2014)

From Meditation to Mindfulness: New insights into the World of Anxiety

Presentation on CBT and Anxiety

School of Social Work - McGill University (October 2009, March 2010, October 2010)

SWRK622 Understanding and Assessing Families

Presentation on Adolescence in the Context of Family

Couple and Family Therapy Certificate (November 2007, January 2008, October 2008, January 2009, and October 2009)

Seminar on Research in Family Therapy

Academic Rounds at the Jewish General Hospital (February 2007)

Improving Adherence to Health Goals and Treatment

Research Assistantships

August 1999 to August 2000 – University of Alberta

In the laboratory of Jeffrey Bisanz, Ph.D.

Founding Director of CUP – Community- University Partnership for the Study of Children, Youth, and Families launched in November 2000

Conceived and administered DPnet for 18 years

August 1999 to August 2000 – University of Alberta

In the laboratory of Connie Varnhagen, Ph.D.

Applied Developmental and Instructional Technology Lab

September 1998 to June 1999 – University of Alberta

In the laboratory of Alinda Friedman, Ph.D.

Visual and Spatial Cognition

### ACADEMIC AWARDS

May 2003 to May 2006 Bourse de Formation au Doctorat

Fonds de la Recherche en Santé

$20,000/year

2005 Finalist, Quebec Universities Research Forum

November 2003 McGill SSHCR Internal Scholarship

$3500

September 2002 to April 2003 Philip Baily McGill Major Fellowship

$12,000

January 2002 to April 2002 Faculty of Graduate Studies and Research Scholarship, McGill University

$5000

### VOLUNTEER EXPERIENCE

September 2000 to Sept. 2004: Member of the Hebb Committee,

McGill University

September 1999 to June 2000: Cross Cancer Institute, Edmonton

Assisting in psychological assessments

of children

September 1998 to April 1999: Catholic Social Services, Edmonton

Support and guidance provider in a group home for abused children

April 1998 to September 1998: Interaction with toddlers in an inner city day-care (FAS, behavioral difficulties)

# REFERENCES

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Director of M.Sc. in Couple and Family Therapy

School of Social Work, McGill University

Director of the Couple and Family Therapy Service, Jewish General Hospital

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More references are available upon request